

Office of Juvenile Justice and Delinquency Prevention

# FAMILY DRUG COURT PERFORMANCE REPORT January-July 2020

#### **ENHANCING SAFETY • ENSURING ACCOUNTABILITY • EMPOWERING YOUTH**

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# INTRODUCTION

The Family Drug Court (FDC) program, administered by the Office of Juvenile Justice and Delinquency Prevention (OJJDP), supports specialized courts within the justice system that handle cases of child abuse and neglect caused by the child's parents or guardians with substance use disorders.

FDCs act as an alternative to traditional family courts by using a wraparound, family-centered approach to address parents' or guardians' substance use disorders within the court and child welfare systems. FDCs provide comprehensive services to parents, guardians, and families to improve child wellbeing while responding to the complex needs of parents and guardians with substance use disorders. FDC programs aim to guarantee child safety and prevent recidivism by providing stable parental recovery and support services for each family member.

OJJDP requires grantees to report on performance measures to demonstrate whether their FDC program achieved its goals and to improve program and policy decisions. This report describes FDC program activities occurring between January and June 2020 and highlights OJJDP-funded grantee results<sup>1</sup>.



#### **OVERVIEW OF AWARD INFORMATION**

During the January–June 2020 activity period, OJJDP's FDC program funded 33 awards, 100 of which percent completed their reporting requirements (figure 1). All 33 awards were operational (i.e., provided services during the activity period) and reported performance data on their grant activities. The total available OJJDP funding for FDC programs exceeded \$21 million.<sup>3</sup>

#### Figure 1. Award Details



<sup>1</sup> Accurate data rely on accurate data entry by grantees. The data included in this document reflect the information entered by OJJDP Research and Evaluation grantees.

<sup>2</sup> Short term includes youth tracked for the behavior of interest who received services during the activity period or youth who exited the program during the activity period.

<sup>3</sup> The funding amount represents the total amount awarded by OJJDP to those grantees that were operational during the activity period and does not account for the amount of funding spent during the activity period.

# **EVIDENCE-BASED PRACTICES AND PROGRAMS**

OJJDP encourages grantees to use evidence-based practices and programs. Evidence-based programs and practices include program models shown through rigorous evaluation and replication to be effective at preventing or reducing juvenile delinquency or related risk factors. Evidence-based practices, used in conjunction with FDC programs, encourage the use of screening and assessment tools, promote interagency collaboration, and utilize family-centered approaches.<sup>4</sup> During the January–June 2020 activity period, 87 percent of awards used one or more evidence-based program or practice.

#### **INDIVIDUALS SERVED**

During the January–June 2020 activity period, FDC grantees served a total of 1,604 individuals, including 925 parents or guardians and 679 other family members (figure 2). Thirty percent of the parents or guardians served by FDC programs (n = 282) received services for the first time in the life of the award.

#### **SERVICES PROVIDED**

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Figure 2. Individuals Served

FDCs work collaboratively with service providers to coordinate substance abuse treatment and other services for eligible parents or guardians to help them become responsible caregivers. In addition to youth, family members of enrolled parents or guardians may also receive services. During the January–June 2020 activity period, 784 parents or guardians and 34 additional family members received substance abuse treatment and counseling (figure 3). Grantees provided mental health services to 532 parents or guardians and 173 additional family members. Grantees helped 225 parents or guardians and 45 additional family members successfully find housing. Grantees also provided parenting-education-, trauma-, legal-, employment-, and transportation-related services to 441 parents or guardians and 88 additional family members.

#### Figure 3. Services Provided to Families



<sup>4</sup> Children and Families Futures. 2013 rev 2015. Guidance to States: Recommendations for Developing Family Drug Court Guidelines. Prepared for the Office of Juvenile Justice and Delinquency Prevention. <u>http://www.cffutures.org/files/publications/FDC-Guidelines.pdf</u>.

# TARGET BEHAVIORS

To measure program impact, FDC programs report on parents' or guardians' behavior changes in several targeted areas. As shown in figure 4, the largest short-term improvement among parents or guardians was among community involvement, occupational skill training, job skills, GED, social competence, family relationships, and substance use during the January–June 2020 activity period. Of those monitored for substance use, 74 percent reduced substance use in the short term. Overall, 80 percent of parents or guardians showed a behavioral improvement in the short term.

#### Figure 4. Short-Term Outcome Percentages for the Specified Target Behaviors



#### PARENTS OR GUARDIANS EXITING SUCCESSFULLY

Each FDC creates and defines the requirements for parents or guardians to successfully complete the program. Participants who fulfilled all program obligations and requirements "successfully exited," while those who failed to complete the requirements, such as those who were expelled or left voluntarily, are considered to have "unsuccessfully exited" the program. Of the 279 parents or guardians who exited the program during the January–June 2020 activity period, grantees reported that 42 percent successfully exited (figure 5). Enrolled parents or guardians remained in the program, regardless of their reason for leaving, for an average of 284 days.

Figure 5. Percent of Parents or Guardians Exiting Successfully



<sup>5</sup> Others includes school attendance, grade point average, high school completion, employment status, antisocial behavior, gang resistance, and cultural skill building.

#### **DRUG-RELATED RECIDIVISM**

To determine the drug-related recidivism rate, grantees report the number of parents or guardians arrested for a new drug offense during the activity period. Of parents or guardians monitored (during the activity period or up to 6 months after exiting), 7 percent were arrested for a new drug offense in the short term. Recidivism was higher among parents or guardians in the long term,<sup>6</sup> with 12 percent of participants arrested for a new drug offense during the activity period.

# Figure 6. Short-Term Drug-Related Recidivism Figure 7. Long-Term Drug-Related Recidivism 7% of parents or guardians arrested for NEW DRUG OFFENSE 12% of parents or guardians arrested for NEW DRUG OFFENSE 36/520 31/268

#### **CHILD WELFARE OUTCOMES**

The goal of FDCs is to maintain or restore a parent's custody of their child(ren). When successful, FDCs result in family reunification. However, if reunification is not in the child's best interest, FDCs develop alternative placement plans for children. Of the 1,299 children supported by FDCs during the January–June 2020 activity period, grantees placed 749 in out-of-home care and reunited 224 children<sup>7</sup> with their parents (figure 8). On average, children remained in out-of-home care for 215 days. FDCs terminated parental rights for 2 percent of parents or guardians enrolled in an FDC during the activity period (n = 16).

#### Figure 8. Child Welfare Outcomes



<sup>6</sup> Long term includes parents or guardians tracked for the behavior of interest who exited the program 6 to 12 months before the start of the activity period. <sup>7</sup> Number of children reunited with their parents may or may not represent the number children who were removed from their parents and then reunited during this reporting period.

# CONCLUSION

FDCs offer specialized responses to cases of child abuse and neglect that involve parental substance abuse. Their purpose is to ensure childrens' safety and wellbeing while providing parents or guardians with treatment and other services needed to overcome substance use disorders and improve parenting skills. Compared to traditional family courts, FDC outcomes have shown significantly higher rates of parents' or guardians' participation in substance abuse treatment; higher rates of family reunification; and reduced reoccurrences of child abuse and neglect.<sup>8</sup> The data reported by OJJDP's FDC grantees reinforce the research findings, showing a measurable impact on the lives of the families served.

OJJDP funding supported 33 awards in implementing, expanding, or enhancing FDC programs during the January–June 2020 activity period. Grantees enrolled 925 parents or guardians in an FDC program during the activity period, while providing another 679 family members with substance use, mental health, housing, and other services. Parents or guardians involved in an FDC program showed improvement in several areas, including community involvement, occupational skill training, job skills, GED, social competence, family relationships, and substance use. Ninety-three percent of parents or guardians exhibited the desired change in family relationship and 74 percent of the parents or guardians reduced substance use during the activity period. Forty-two percent of parents or guardians successfully exited the FDC program, completing all program requirements. Grantees were especially successful at reducing new drug arrests during this activity period: 93 percent of parents or guardians, grantees served 1,299 children whose parents or guardians were involved in an FDC. FDCs placed 58 percent of children in out-of-home care during the activity period; those children remained in out-of-home care for an average of 215 days. These results indicate the success of FDCs at maintaining the safety and wellbeing of children and families while supporting parents or guardians with their substance use disorders.

<sup>&</sup>lt;sup>8</sup> Development Services Group, Inc. 2016. Family Drug Courts. Literature Review. Washington, DC: U.S. Department of Justice, Office of Justice Programs, Office of Juvenile Justice and Delinquency Prevention. <u>https://www.ojjdp.gov/mpg/litreviews/Family\_Drug\_Courts.pdf</u>.